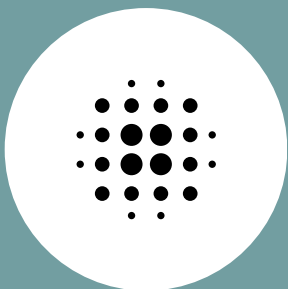


IAMFT CONFERENCE 2024

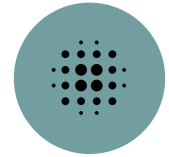


FRIDAY & SATURDAY, MARCH 15-16

NIU Conference Center in Naperville
1120 E Diehl Rd, Naperville, IL 60563

ILLINOISMFT.CONFERENCE@GMAIL.COM

ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



Dear IAMFT Community,

On behalf of IAMFT's leadership, we welcome you to IAMFT's 45th Annual Conference 2024 at the NIU Campus in Naperville, IL. I checked with Derek, and it turns out that IL has had a conference annually since 1979. As I reflect on writing this message, it seems the theme of this year is 'transition'. IAMFT is undergoing many transitions - this year, we are focusing on having many diverse speakers present on a range of topics. Our leadership has transitioned, with Derek Ball stepping down from Executive Director after 24 years of service culminating in his ED role and Lisa Ball stepping down from Conference Manager after 7 years of leadership. We simultaneously thank them for their energies over the years while we look ahead to our new leadership and the future of our organization.

This year's conference lineup is truly exciting, and I [for one] am sad I cannot see every single presentation. The idea of transitions truly gets at the heart of what MFTs do and stand for. We see the ever-changing nature of our clients, and how various life transitions will further contextualize and impact the clients we work with. To that end, we see so many of this year's speakers truly get out how our clients' needs are always nuanced based upon lifespan, circumstances, identities.

We are also looking forward to the breaks between sessions to connect with each other. And for the first time in a few years, IAMFT is hosting a social event immediately following Friday's presentations. We have genuinely missed connecting with our members as people to socialize and network. IAMFT is seeing many new faces that we want to welcome, and many long-standing members we are happy to see again.

With that, I encourage you all to consider getting involved. Stephanie Davingman and the Board of Directors are creating several new committees to advance the organization and its mission through membership and fundraising, the conference committee, restructuring the organization, or potentially through legislation and advocacy, or through marketing and promotion. If you are interested in learning more and/or joining a committee, please reach out to one of the board members or myself to get started.

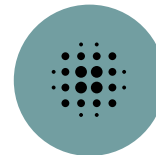
Whether you are a new member, a more seasoned member, or someone considering becoming a member - we are thrilled to see you at conference. IAMFT's annual conference provides us such a valuable opportunity to connect, to learn, and to grow and shape the future of our organization and field.

Welcome!



*Dr. Karen Caffee, PhD, LMFT, MEd, CST
Interim Executive Director*

ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



SCHEDULE

Friday Schedule	Saturday Schedule
8:00-8:30am-Registration/Check-in	8:00-8:30am-Registration/Check-in
8:30-9:55am-Morning Session	8:30-9:55am-Morning Session
9:55-10:05am-Break	9:55-10:05am-Break
10:05-11:30am-Morning Session	10:05-11:30am-Morning Session
11:30-12:30pm-Luncheon*	11:30-12:30pm-Luncheon*
12:30-2:00pm-Afternoon Session 1	12:30-1:00-Poster Presentations
1:55-2:05pm-Break	1:00-2:25-Afternoon Session
2:05-3:30pm-Afternoon Session 2	2:25-2:35-Break
4:00-7:00-Networking Event	2:35-4:00-Afternoon Session

PHOTOGRAPHY

IAMFT needs your support and welcomes photos that document our two day event. To share photos, add **#IAMFT24** to any social media posts. *If you wish to opt-out of being in photographs, let the photographer know.*

CONFERENCE EVALUATION & SESSION FEEDBACK

To automate the evaluation process, the evaluation is available using the link below. The link will also be emailed out during the conference for your convenience. <https://forms.gle/uB6fgaQDSWmj9nSi9>



MENU FOR THE NETWORKING LUNCHEONS

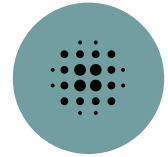
Friday: Enchiladas (Chicken or Cheese), Mexican Green Salad, Romaine & Bibb Lettuce with Corn, Black Beans, Red Onion, and Cheddar Cheese with Chipotle Ranch Dressing, Sour Cream & Red Beans & Rice, Assorted Cupcakes

Saturday: Italian Beef Sandwiches with Sherried Horseradish & Giardiniera on the Side, Caesar Salad with Black Peppercorns, Pecorino Romano & Garlic Croutons with Creamy Caesar Dressing, Penne Pasta with Tomato Basil, Cheesecake Triangles

***If you indicated special dietary needs when you registered, please speak with the caterer, who is prepared to assist you.**

***Meals are only included for preregistered conference attendees.**

ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



LOCATION

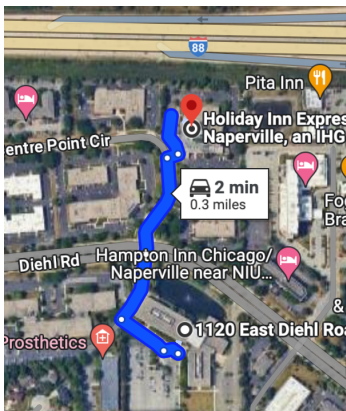


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1120 E Diehl Rd, Naperville, IL 60563

DID YOU HEAR ABOUT OUR NETWORKING EVENT?



Join us for our "Happy Hour" Social Event! This is an excellent opportunity for networking, social connection, fun activities, all while enjoying hors d'oeuvres and a cash bar (2 signature drink options, beer, wine and pop). We will even have karaoke!

***Do not forget to purchase your \$25 ticket prior to the event at the conference registration desk. It's not too late!**

Friday, March 15th, 2024

4:00pm - 7:00pm

Holiday Inn Express - Naperville

1837 Centre Point Circle, Naperville, IL 60563



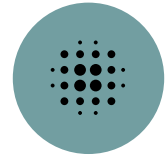
Bring your
business cards!!

The hotel will have \$5 drink tickets that can be bought at the front desk with a credit card or with cash. There is an ATM machine in the lobby. Bartender can accept cash tips only.

Thank you for returning your name badges to the front desk drop box at the end of the conference! This helps us reduce waste and manage costs.



ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



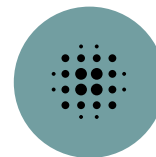
REGISTERING FOR WI-FI ACCESS

For Visitor Registration:

- Connect to the 'NIUvisitor' Wi-Fi network from the list of available networks.
- A browser window will automatically popup and open the sign in page as shown below. If this is the first time connecting to the 'NIUvisitor' or if it has already been 5 days after registration, click on 'Register for visitor access' and proceed to step 3.
- If you are returning to this page within 5 days of your last registration, please use the username and password sent to your personal email address provided during registration to login to the visitor network.
- Fill your details in the account creation page. Please use your personal email address which you can access and retrieve the credentials as they are sent to this email address.
- After the details are filled, the account is created, and credentials are sent to the email address provided and is valid for 5 days to re-login.
- A visitor can use these credentials on a maximum of 3 devices to access visitor Wi-Fi network.
- Once connected, the device can stay on the network in idle state for 2 hours without needing to enter the credentials. After 2 hours of idle, credentials might be required to login back to the visitor network.
- As a last step, 'Acceptable Use Policy' need to be accepted to continue the access to the visitor network.



ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



HOW DO I GET MY CONTINUING EDUCATION?

IAMFT is working to streamline our Continuing Education verification and distribution process in an effort to send your CE certificate to you in a more timely manner. To this end, we are implementing a new CE check-in process this year.

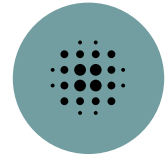
Attendees who purchased the Continuing Education ticket (\$10 fee) prior to the advanced registration deadline (end of business day on Thursday, March 7th) will receive a CE Passport per day registered when checking-in at the conference front desk located in the Atrium of the NIU Conference center. Your CE Passport will display your first & last name, licensure number and licensure title, workshops selected, and room number of workshop selected.

Any attendees that purchase the Continuing Education ticket the same day of the conference will receive a blank CE Passport per day registered and will need to fill out their first & last name, licensure number and licensure title as well as title of workshops attending.

Steps:

1. Please review your passport(s) to ensure your name, licensure and workshop selections are correct.
2. Present your CE Passport to the student volunteer stationed at the door to your selected workshop.
3. The student volunteer will stamp your passport indicating you have attended the workshop.
 - a. For the morning sessions, we recommend presenting your passport to the student volunteer at the start of the workshop and again after you return from the break. The student will stamp your first workshop box twice.
4. At the end of each day we will have a drop box at the front desk where you will deposit your CE Passport.
5. IAMFT will review your CE passport(s) and issue your CE certificate via email.

ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



DAY 1

Friday, March 15, 8:30 am – 11:30 am

SOMATIC EXPERIENCING APPLIED TO SEXUALITY (ROOM #166)

Ewelina Beardmore, LCPC, CST

BEYOND THE BINARY OF TOGETHER OR APART: CREATIVE RELATIONSHIP SOLUTIONS (ROOM #167)

Kate Engler, LMFT, CST

COLLABORATIVE STRESS MANAGEMENT IN UNCERTAIN TIMES (ROOM #162)

*Dr. Sunitha Chandy, Psy.D.
Benjamin Tudor, MA*

CONVERTING COMPASSION FATIGUE TO SATISFACTION: ENHANCING PROFESSIONAL QUALITY OF LIFE (ROOM #164)

Stephanie Davingman, MSW, LCSW, LMFT

Friday, March 15, 12:30 pm – 2:00 pm

CONSIDERATIONS FOR WORKING WITH BLACK- WHITE INTERRACIAL COUPLES (ROOM #164)

*Briana N. Roberts, MS, LMFTA, Couple and Family
Doctoral Candidate*

MY BODY, MY IMAGE: EATING DISORDERS AND SEXUAL TRAUMA (ROOM #167)

Dr. Yulinda Renee Rahman

REPARING: AN INSTANT INTERVENTION (ROOM #166)

Brandon C. Hovey, MA, LPC, NCC

APPLYING ATTACHMENT THEORY TO TEACHING PEDAGOGY (ROOM #162)

Wendy Kovacs Cortes, PhD, LMFT, AAMFT AS

Friday, March 15, 2:00 pm – 3:30 pm

SYSTEMIC TREATMENT OF DYSPAREUNIA/PAINFUL SEX (ROOM #166)

Rachel Zar, PhD, LMFT, CST

DOCUMENTING MEDICAL NECESSITY (ROOM #164)

Steven Welton, LCPC

MALADAPTIVE BEHAVIORS OF CHILDHOOD SEXUAL ABUSE SURVIVORS IN ADULT RELATIONSHIPS (ROOM #167)

*Sol Ennis-Klyczek, MS, Certified Family Life
Educator*



“HAPPY HOUR” SOCIAL EVENT

4:00pm – 7:00pm

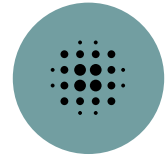
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1837 Centre Point Circle, Naperville, IL 60563



***Additional ticket required through the registration desk!**

ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



DAY 2

Saturday, March 16, 8:30 am – 11:30 am

TOYS & TABOOS: EXPLORING THE RELATIONSHIP BETWEEN PLAY AND SEX THERAPY (ROOM #166)

Helen Wyatt, LMFT
Kayla Harris, ALMFT

"MOTHER NATURE KNOWS BEST": NATURE- BASED INTERVENTIONS WITH FAMILY SYSTEMS (ROOM #162)

Dr. Marsha Vaughn, LMFT
Brendan Yukins, LSW

RULES OF THE ROAD FOR CLINICAL DOCUMENTATION (ROOM #164)

Steven Welton, LCPC

THEY WON'T WORK WITH ME (ROOM #167)

Dr. Karen (Washington) Caffee, LMFT, MEd, CST

Saturday, March 16, 1:00 pm – 2:30 pm

EMERGING PERSPECTIVES ON INVOLUNTARY COMMITMENT IN MFT (ROOM #162)

Riley Brennan, MA
Dr. Marsha Vaughn

(UN)KNOWN GHOSTS: THE IMPACT OF CHILDHOOD TRAUMA ON ADULT RELATIONSHIPS (ROOM #166)

Ileana Ungureanu, MD, PhD, LMFT, CFTP

ATTENDING TO ISSUES OF SOCIAL JUSTICE IN CLINICAL PRACTICE (ROOM #164)

Dr. April Nisan Ilkmen
Cristian Caraballo, Hoa Vo, Citlalli Herrera &
Chloe Udell

WHY THEY STAY: BETRAYAL BLINDNESS AND TRAUMA BONDING (ROOM #167)

Tovah Means, MS, LMFT

Saturday, March 16, 2:30 pm – 4:00 pm

WORKING WITH CLIENTS IN ETHICALLY NON- MONOGAMOUS RELATIONSHIPS (ROOM #166)

Amy Jacobs, LMSW
Jennifer Schwartz

WORKING WITH HIGH CONFLICT COUPLES: A DEEPER DIVE (ROOM #167)

Farrah Walker, LMFT

USE OF CONFLICT MAPPING IN WORK WITH FAMILIES (ROOM #164)

Rachael M. Jones, LMFT, PMH-C
Mackenzie Sullivan, LMFT

HARNESSING STRENGTHS: THE ART OF MASTERING "USE OF SELF" FROM A CLASSROOM AND SUPERVISION PERSPECTIVE (ROOM #162)

Dr. Dara Winley
Mia Caine



PROOF OF CONTINUING EDUCATION

IAMFT makes it easy and economical for you to get your proof of CEs. If you paid for CEs when you pre-registered, proof will be emailed to you after the conference. If you did NOT pay for CEs in advance, you may pay \$10 at the Registration Desk any time during the conference, proof will be emailed to you after the conference.



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Amanda Gautreaux
- » **Let's Talk About Size Diversity in Sex: A Collaborative Exploration of the Known, Unknown, and Bias**
Rose Lange
- » **Which Way Do you Swing?: The Intersection of Lindy Hop and Sex Therapy**
Sophie Tobin



Learn more about Adler University and its programs at adler.edu/IAMFT.

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Stop by the registration desk to learn more or send us an email at illinoismft.conference@gmail.com.

BECOME A MEMBER OF IAMFT TODAY!

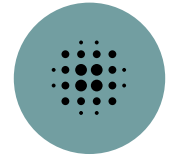
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ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



STUDENT POSTER DISPLAYS

Exploring the Impact of Entrepreneurship on Couple Relationship Quality	Rebecca Pope	Adler University
Latina Adolescents & Suicidal Behaviors: Exploring Systemic Interventions to Reduce Recurrent Behaviors	Claudia Hindo	Northwestern University
Confronting Recent Hate Crime Trends in the U.S. and Enacting Third-Order Change	Rosy Kim, MS MFT Candidate Sarah Margulis	Northwestern University
The Experiences of Sexual Harassment Among CFT Students: A Thematic Analysis from the #MeToo Qualitative Data Set	Stephanie Gilak, MA, LMFT	Adler University
Violating Relationship Boundaries with Online Behaviors: Definitions and Clinical Interventions for Couples Therapy	Stephanie Gilak, MA, LMFT	Adler University
Rated R for Responsibility	Mikaela Wasserman, MEd	Adler University
Dancing Cheek to Cheek: Facilitating Connection Through Movement	Sophie Tobin, M.A. Candidate	Adler University
How Cognitive Behavioral Couple Therapy is Applied to Korean American Couples Who Have or Are Experiencing Intimate Partner Violence	Jamie Heemin An	Purdue University
Expected Love: The Impact of Avoidant Attachment on Black Child	Dr. Cherry Jones DeLonte Jones	Adler University

2024 MAURLEA BABB SCHOLARSHIP RECIPIENTS

Rosy Kim – Northwestern University
Shazia Imran – Adler University

DO NOT FORGET YOUR CONFERENCE EVALUATION & SESSION FEEDBACK!

Make your voice heard! We highly value your opinions and suggestions for the future of our organization and conference development.

Evaluation link: <https://forms.gle/uB6fgaQDSWmj9nSi9>





HUGE THANKS TO OUR CONFERENCE COMMITTEE!

Dr. Karen Caffee, PhD, LMFT, MEd, CST - Interim Executive Director

Ruth Johnson, LCPC - Conference Manager

Jesse P. Waltz, MAEd, LMFT - Presenter Liaison

Anne Marie Haugen, ALMFT - Volunteer Mgt.

Dr. Courtney Stivers, PhD, LMFT - Conference Committee Chair, Program Design

Dr. Ryan Stivers, PhD, LMFT - Social Media Mgt.

Aracely Hernandez, ALMFT - Conference Photographer

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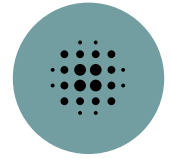
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ILLINOIS AFFILIATION OF MARRIAGE AND FAMILY THERAPISTS CONFERENCE 2024



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